



Supplementary Notice on the Participation Rules of the 7th European Health Qigong Games

Dear all Health Qigong organizations:

To enable all Health Qigong organizations to form teams for this Games with greater flexibility, the Organizing Committee has reviewed and resolved to waive the team participant cap previously stipulated in the Participation Rules, which stated: “Each team shall consist of a maximum of TEN (10) participants, comprising ONE (1) team leader, ONE (1) coach, and EIGHT (8) members.” The revised regulations are as follows:

1. Each organization may enter one or more teams in the Tournament, with no restriction on overall team size.
2. For each group competition, the number of competing athletes per team must be no fewer than four and no more than eight.
3. An athlete may team up with different members from the same organization across different routine group competitions, provided they do not form multiple teams with different line-ups for the same routine.
4. Should an organization enter more than one team in the group competition for a given routine, teams must be distinguished by appending a sequential number to the routine name during registration (e.g., “XX Association Baduanjin Team 1”).

Should you have any queries, please do not hesitate to contact the Organizing Committee at ihqa2016@gmail.com.

Issued by the Organizing Committee
July 14, 2026